

2025 IRS Limits for Qualified Retirement Plans

The IRS has released the cost-of-living adjustments that provide the dollar limitations for retirement plans in 2025. The following chart highlights some of the key limits. For more details, please check out IRS notice 2024–80 or contact your Retirement Plan Administration Consultant.

For Plan Years Beginning	2025	2024
Compensation Limit	\$350,000	\$345,000
For Plan Years Ending In	2025	2024
Defined Contribution Limit	\$70,000	\$69,000
Deferral Limits	2025	2024
401(k) Deferral	\$23,500	\$23,000
401(k) "Catch-up" Contribution*	\$7,500	\$7,500
SIMPLE Deferral Limit	\$16,500	\$16,500
SIMPLE "Catch-up" Contribution*	\$3,500	\$3,500
401 (k) Age 60-63 Super Catch Up Deferrals	\$11,250	-
ESOP Threshold Balance for lengthening the 5-year installment period	\$1,415,000	\$1,380,000
Amount for lengthening the 5-year ESOP installment period	\$280,000	\$275,000
Highly Compensated Employees	2025	2024
Compensation Exceeding	\$160,000	\$155,000
Greater than 5% Owner	-	-

^{*}Applies to Participants who have their 50th Birthday (or older) during the calendar year.